

## In the news

# Pledge Today for Car Free Days

– Free Registration is Now Open!

### Pledge to go Car Free or Car-Lite on Expanded Car Free Days September 20, 21, and/or 22

Car Free Days in the Washington D.C. metropolitan region will be celebrated over a three-day period from Friday, September 20th through Sunday, September 22nd. Commuters, families, and individuals can pledge to go Car Free or share a ride and go Car-Lite for one, two, or all three days—participants who register their pledge at [www.carfreemetrodc.org](http://www.carfreemetrodc.org) will be automatically entered in drawings for great prizes such as an iPad, annual Capital Bikeshare memberships, SmarTrip Cards loaded with fare, Flippin' Pizza, and more.

Commuter Connections, a regional commuter transportation network coordinated by the National Capital Region

Transportation Planning Board at the Metropolitan Washington Council of Governments, organizes the annual event. The three-day celebration allows participants to explore greener transportation available throughout the region and find the most efficient, affordable, and environmentally conscious way to get from one place to another. Reducing car use also helps lessen traffic congestion and improves air quality, while also saving your hard earned dollars at the gas pump, all by going car free or car-lite.

“Car Free Days are for everyone,” said Nicholas Ramfos, Commuter Connections Director. “The event is about joining the metropolitan Washington region in taking action to support your community, along with citizens from around the world, to make a positive impact on traffic conges-

tion and lead others to explore how to reduce their carbon footprint by using transportation alternatives,” said Ramfos.

Whether commuting to work or school, or heading to a ball game or a picnic, using cost-effective, green ways to get there qualifies for participation in Car Free Day. Even commuters who already use transit—and those who don't own a car—can take the free pledge to go Car Free or Car Lite.

Information on travel options for commuters and travelers is available at the Commuter Connections website. Site visitors can set up a free account and request a ride match, make carpooling plans, and learn about other transportation opportunities to decrease the number of single-occupant vehicles on the road and congestion around the Washington metropolitan region.

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